

I Am...



I am smart

I am an example of what is possible

I am radiant

I am worthy of love, kindness, and respect

I am grateful for my life

I am joyful

I am happy

I am loving to myself, and others

I am amazing

I am blessed

I am successful

I am in control

I am guided

I am creating the life of my dreams

I am the master of my day

I am abundant

I am full of joy

I am safe

I am proud

I am enough

I am confident

I am worthy

I am right on schedule

I am a woman of integrity

I am gentle

I am a good listener

I am perfect the way I am

I am resourceful

I am flexible

I am courageous

I am seen and known

I am empathetic

I am a woman of example

I am blessed

I am compassionate

I am calm

I am a woman who exudes grace

I am capable

I am free

I am creating my future

I am wise

I am a team player

I am open to new possibilities

I am progressing

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COACHING